



## **GAUTENG NORTH FIGURE SKATING ASSOCIATION**

### **DRESS CODE (as at 31 October 2016)**

#### **FREQUENTLY ASKED QUESTIONS**

#### Contents

1.	Why do we have a dress code?.....	2
2.	When do I need to get clothing?.....	2
3.	Where do I get the GNFSA clothing? .....	2
4.	What do I wear to practices? .....	2
5.	What do I wear to Level Tests? .....	3
6.	What do I wear to a Star Test? .....	3
7.	What do I wear to competitions? .....	3
8.	What do I wear to the Annual General Meeting and Prize Giving?.....	4
9.	What do I wear to any event that I am invited to as a GNFSA representative?.....	5
10.	ANNEXURE A: DEFINITIONS .....	5
11.	ANNEXURE B: PHOTOS.....	6
	GNFSA TOP.....	7
	CUTTING EDGE .....	7
	TOE PICKS.....	7
	ROCKERS.....	7
	GNFSA JACKET.....	7
	CUTTING EDGE .....	7
	TOE PICKS.....	7
	ROCKERS.....	7
	OFFICIAL COLOUR SHIELDS .....	7
	OFFICIAL GNFSA TRACK SUIT .....	7
	TESTS.....	8
	LEVEL TESTS.....	8
	STAR TESTS.....	8
	COMPETITIONS .....	8
	OFFICIAL DRAW (AGM / PRIZE GIVING).....	8
	UNOFFICIAL PRACTICE .....	8

OFFICIAL PRACTICE .....	8
COMPETITION .....	8
MARCH PAST .....	8

### **1. Why do we have a dress code?**

When athletes train hard to achieve their personal goals, they receive various colours for their achievements. Although we always advocate humility, the GNFSA and the SAFSA (South African Figure Skating Association) creates opportunities for the athletes to show pride in their achievements. Nothing beats the feeling when skaters from across the country gather in their official wear which unites them in their mutual hopes and dreams.

### **2. When do I need to get clothing?**

All GNFSA skaters are required to get official practice clothing as soon as possible to enhance their growth and enjoyment of the sport.

Below is guidelines what to wear to practices, but skaters are urged to get official practice wear as soon as possible as these are required at all competitions and tests athletes attend. It is a requirement to wear the official wear at these events and athletes can be excluded from these events in the absence of the correct dress code.

The GNFSA has attempted to minimise the need to buy many different and expensive clothing, subject to the rules and regulations of our governing bodies.

### **3. Where do I get the GNFSA clothing?**

Unofficial practice clothing and wear can be bought at any clothing chain store.

The Official GNFSA Practice Tops and Jackets can be ordered from Irene Warren, Cell No 082 681 2662. A letter is required from the GNFSA competition secretary to be presented to Irene before she will commence making of the clothing.

Skaters competing at Inter Provincial & National competitions must order the Official Gauteng North Track Suits and Blazers as soon as possible from XCO SPORT, Tel no 012 481 9260, Route 21 Corporate Park, 101 Sovereign Dr, Pretoria, 3201, [www.xco.co.za](http://www.xco.co.za). A letter is required from the GNFSA competition secretary indicating the colours for which the athlete qualifies which can be displayed on the clothing and gear the athlete orders. Please remind XCO of the padded Track Suits (not the normal track suits)

### **4. What do I wear to practices?**

The first and foremost requirement is practicality and ease of movement when deciding on clothes to wear to a practice. Loose fitting clothing not only impedes movement but also makes it more difficult for the coach to evaluate movement to correct mistakes. Hoodies and sweat shirts typically make training more difficult. Rather bring a tight-fitting jacket to wear over a fitted top if you get

cold. Skaters should get the official GNFSAs Practice Top and Jacket as soon as possible to be able to attend all tests, competitions and events where this is a requirement.

Hair should preferably not be loose, rather be tied neatly.

Female skaters should preferably wear long ski pants (preferably black or dark navy) and male skaters could wear sweat shorts.

Male skaters should wear long navy/black sweat pants (fitted) as well as a golf shirt (preferably navy or black)

## **5. What do I wear to Level Tests?**

It is a requirement at level tests skaters **MUST** wear GNFSAs clothing. The Referee can prevent a skater to undergo a test if the skater is not properly dressed

Cutting Edge Club members must wear their GNFSAs Practice Jacket over the official practice clothes. Official practice clothes for girls are black / navy ski pants and a GNFSAs practice top. Boys can wear fitted black / navy sweat pants with a white or navy golf shirt.

Toe Pick & Rocker Club members must wear their Provincial track suit (or GNFSAs Practice Jacket) over their official test / practice outfit. Official practice clothes for girls are black / navy ski pants and a GNFSAs practice top. Boys can wear fitted black / navy sweat pants with a white or navy golf shirt.

## **6. What do I wear to a Star Test?**

It is a requirement that skaters wear their official competition clothing (dress or outfit) for the test, as well as the Provincial track suit (or GNFSAs Practice Jacket) if the skater is cold.

## **7. What do I wear to competitions?**

### OFFICIAL DRAW:

If there is an official draw (most local competitions have a private draw before the competition draw is published), the LOC (Local Organising Committee) determines the dress code which is normally the provincial track suit.

In the absence of an official dress code and at every National Championships the dress code is Formal:

Girls & Ladies:

- Navy pencil skirt (just above the knee)
- White blouse
- Blazer
  - Official colours shield
  - Highest Medal obtained
- Blackmail Stockings
- Black Court shoes / Pumps
- GNFSAs scarf

Boys & Men:

- Long black pants
- White shirt (long or short sleeve)
- Blazer
  - Official colour shield
  - Highest Medal attained
- Black shoes
- Gauteng North tie

Skaters with National Colours are not allowed to wear it to National Championships, only Provincial colours.

Parents of skaters:

Semi-formal with men wearing sports jackets, preferably dark with black pants.

#### AT AN UNOFFICIAL PRACTICE:

Even though it is an unofficial practice, we pride ourselves in the achievements of the athletes and the GNFSA.

Skaters should try and stick to the official GNFSA dress code as far as possible. Sometimes the team has shirts printed for a competition and this is an ideal time to showcase this.

The Team Leader might determine the dress code for each practice and communicate it to the team.

#### AT THE OFFICAL PRACTICE:

At the official practice, all skaters are required to wear their official training outfits as at Level Tests covered by their Official Provincial Track Suits or Provincial Jackets.

The Team Leader will communicate any specifics to the team.

#### AT THE COMPETITION:

The skater wears their official competition outfit covered by the Provincial track suit (or GNFSA Practice Jacket) if the skater is cold.

#### AT THE MARCH PAST:

At any time as determined by the LOC, the skaters of all the provinces are required to skate at a March Past at the ice rink.

At least 2 skaters (determined by the Team Leader) will carry the provincial flag on the ice, followed by the other skaters dressed in their competition outfits covered by the Official Track Suit Top.

### **8. What do I wear to the Annual General Meeting and Prize Giving?**

The dress code is Semi Formal:

Skaters whom have represented the GNFSA at National Championships to where their formal wear as per the requirements of the Official Draw at the National Championships.

Skaters whom have not represented the GNFSA at a National Championship can wear long blue jeans and a plain white blouse / T shirt.

Parents should dress semi-formal: Men with dark long pants, black shoes and preferably a white shirt and a dark sports blazer. Ladies can dazzle us with their natural beauty...

### **9. What do I wear to any event that I am invited to as a GNFSA representative?**

If you are invited to any event as a figure skater representing the GNFSA or the SAFSA you should always contact the GNFSA committee first to determine whether the GNFSA condones the event and your attendance thereof.

If approved, you might be required to attend a skating function, an informal or a formal event.

If you are required to skate at a skating venue, any competition dress covered by your Provincial Track Suit or Jacket is sufficient.

At any informal event, attending in a long navy (not torn) jean with your highest Provincial Track Suit or Jacket is acceptable.

When attending formal functions, you are required to wear your highest colours received as per the Formal Dress Code at Nationals or National SAFSA colours or SASCOC colours when achieved.

### **10. Can Spectators also order clothes?**

Spectators are encouraged to also order clothes from XCO sport ([www.xco.co.za](http://www.xco.co.za)) with just a daisy printed / embroidered on it. See photographic examples below.

### **11. ANNEXURE A: DEFINITIONS**

**OFFICIAL DRAW:** At every competition, a draw is held to determine the order of skating for the skaters in each section.

**SAFSA Colours:** The SAFSA (South African Figure Skating Association) awards colours to skaters whom attended International competitions from the Novice Section upwards.

**SASCOC Colours:** The SASCOC (**South African Sports Confederation and Olympic Committee**, Afrikaans: *Suid-Afrikaanse Sportkonfederasie en Olimpiese Komitee*) is the National Olympic Committee (NOC) and National Paralympic Committee (NPC) for South Africa, and the responsible body for South Africa at the Commonwealth Games. They award Protea colours to athletes whom have represented South Africa at African & World Championships as well as the Olympic Games.

**Section:** Skaters can enter competition in a "section" where they meet the minimum requirements (e.g. age, level and medal requirements). Examples are: Bronze Hawks, Juvenile, Novice, Adult & Senior, of which all have male and female sub sections off.

**Star Medal:** When skaters qualify for entry into the National Championship at an Inter Provincial Championship or a Star Test, they earn a Star Medal for that section which must be worn on their official blazer

**Team Leader:** At every competition, the GNFSFA will appoint a Team Leader (any adult can apply for that position, but must show a good knowledge of the Rules of the competition to be nominated and elected). The Team Leader is the liaison with the LOC and is responsible for all communication with team members regarding any changes to programs, etc. No skater or parent is also allowed to communicate directly with the LOC or any member of the SAFSA Executive relating to competition rules and procedures or complaints, which must always be directed via the Team Leader.

## **12. ANNEXURE B: PHOTOS**

## GNFSA TOP

CUTTING EDGE

TOE PICKS

ROCKERS

## GNFSA JACKET

CUTTING EDGE

TOE PICKS

ROCKERS

## OFFICIAL COLOUR SHIELDS



### WHITE SHIELD

Junior & Senior  
National Colours



### SKY SHIELD

Juvenile to Novice  
National Colours



### NAVY SHIELD

Toe Picks Club  
Inter Provincial Colours



### DAISY ONLY

Anyone including  
supporters

## HONORIS CAUSA



**HONORIS CAUSA FULL LAUREL LEAF**  
Awarded for at least 15 years  
in administrative capacity by GNSC only  
**NO FEDERATION INDICATION**



**HONORIS CAUSA HALF FULL LAUREL LEAF**  
Awarded for at least 5 years  
in administrative capacity by GNSC only  
**NO FEDERATION INDICATION**

**These logos are to be branded only on the tracksuits, blazer, ties and official playing apparel!**

## OFFICIAL GNFSA TRACK SUIT (ask for the padded range)



TESTS

LEVEL TESTS

STAR TESTS

COMPETITIONS

OFFICIAL DRAW (AGM / PRIZE GIVING)

UNOFFICIAL PRACTICE

OFFICIAL PRACTICE

COMPETITION

MARCH PAST

SPECTATORS



Fleece Top



Sporty Jacket